

## **1. SUMMARY**

Outcome 5 of Argyll and Bute's Community Plan is to enable *people to lead active, healthier and independent lives*. During 2018 – 19 Outcome5 was incorporated in the agenda of the Health and Wellbeing Partnership which is a strategic partnership of the Community Planning Partnership (CPP). The aim of the Partnership is to lead and support the delivery of health and wellbeing activity in Argyll and Bute. This paper provides an annual update for the four area Community Planning Groups about health and wellbeing activity during 2018-19.

## **2. BACKGROUND**

The Health and Wellbeing Partnership (HWP) meets four times per year to lead the promotion of health and wellbeing activity across Argyll and Bute.

Ways of doing this include:

- Engaging partners from a range of sectors
- Working with local communities via the Health and Wellbeing Networks
- Developing policy and strategies informed by local needs, evidence and national direction.

There are eight local Health and Wellbeing Networks in Argyll and Bute which are supported by a part time co-ordinator. The Networks are responsible for developing local action plans, holding local networking meetings and allocating the Health and Wellbeing small grant fund.

More information about Health and Wellbeing activity in Argyll and Bute can be found here – [www.healthyargyllandbute.co.uk](http://www.healthyargyllandbute.co.uk)

## **3. KEY POINTS**

### **3.1 The future role of the Health and Wellbeing Partnership**

Over the past 12 months attendance rates at partnership meetings have been falling and there has been less engagement from Community Planning partners. This prompted an evaluation in January 2019 to investigate ideas for the way forward for the HWP. A total of 23 partners responded to this survey and on the whole respondents reported that there is merit in having a strategic partnership for leadership and

direction. A report of the findings of the survey is available here:



Evaluation Report Jan  
2019

### 3.2 **Annual Report**

An annual report of Health and Wellbeing activity is published each year and will be published in June 2019 at – [www.healthymarilandbute.co.uk](http://www.healthymarilandbute.co.uk)

### 3.3 **Delivery Plan for Outcome 5**

There is a delivery plan for each of the six outcomes. In January 2018 the working group for the Outcome 5 delivery plan merged with the HWP. This plan included a range of activities including reviewing equality and diversity assessment and reporting; falls awareness and prevention activity; and promoting the outdoors for physical activity. This plan has now concluded with much of the work mainstreamed.

### 3.4 **Health and Wellbeing Priorities for 2019-20**

A new delivery plan is required and a working group is convening in May. A large number of local and national strategies and priorities exist for health in Argyll & Bute and Scotland. This working group will be tasked with identifying clear partnership priorities for Outcome 5. Some of these priorities include:

- New Public Health Priorities for Scotland
- Type 2 diabetes prevention and support framework for Scotland
- Loneliness and isolation strategy for Scotland
- Adverse Childhood Experiences (ACEs)
- Argyll and Bute Self-management strategy

### 3.5 **Connecting Outcome 5 with area Community Planning Groups**

In the past the connections between Outcome 5 and area Community Planning Groups have not been particularly strong. In order to improve these connections and increase the relevance of delivery plan activity, the views of area CPG members are sought. A survey is being conducted in May 2019 in order to investigate what health and wellbeing topics are relevant to our local areas. This survey will be open from 1<sup>st</sup> to 24<sup>th</sup> May and will be distributed at each of the four area meetings.

## **4. CONCLUSION**

Better health and wellbeing in the people of Argyll and Bute has the potential to make Argyll and Bute a better place to live and our population healthier. Health and wellbeing is better delivered in partnership rather than being the sole responsibility of the Health and Social Care Partnership. There are vibrant partnerships and activity already in place and Outcome 5 intends to better capitalise on connections with area Community Planning Groups in the future.

For further information contact: Alison McGrory,  
Health Improvement Principal  
NHS Highland - Argyll and Bute HSCP  
Email: [alison.mcgrory@nhs.net](mailto:alison.mcgrory@nhs.net)